

SPECIALS CHOICE BOARD

Choose one special each day. Then choose an activity.



Art



Earthwise



Leadership



Media



Music



PE



<p>Go on a shape hunt. Find shapes, draw a picture of what you found.</p>	<p>Collect and sort natural elements: This is an excellent learning opportunity for young ones. Collect a variety of natural elements and then sort them by size, color, or shape.</p>	<p>Family time is a Big Rock! Have a family night. What activity best fits your family?</p>	<p>Write a story about your favorite book character on what they would do on a snow day.</p>	<p>Sing your favorite song from music class to a family member and explain why it is your favorite.</p>	<p>Sock Bowling: Roll socks or a ball to try to knock down objects (cups, water bottles, etc.)</p>
<p>Create art from items found on a nature walk.</p>	<p>Go on a senses hunt: On a nature walk or in the backyard, tune your children's senses in to discover the natural world around them. We like to draw what we see, hear, smell, and feel.</p>	<p>Write about your favorite family traditions or create a new family tradition.</p>	<p>Read a non-fiction book and draw a graphic novel of the story.</p>	<p>Create three 4-beat rhythm patterns using quarter notes (Ta) and eighth notes (ti) to perform for a family member. Perform the patterns by clapping, patting, or creative drumming!</p>	<p>Dance to a 3-minute song of your choice or play freeze dance with a family member.</p>
<p>Build a tall tower out of any materials you have.</p>	<p>Build a maze with sticks: If you have an open area on the ground, make a maze by laying sticks on the ground like a path to walk through to get to the end.</p>	<p>Work together to complete a community service project. Write or draw to reflect about how you used Habit 6.</p>	<p>Write a graphic novel story about an animal.</p>	<p>Have a conversation with your family and share your favorite genre of music (Pop, Rock, Musical, Classical, etc.)</p>	<p>Laundry Basket Toss: Toss rolled-up socks or paper into a laundry basket</p>
<p>Create a piece of art from recycled materials.</p>	<p>Draw in a nature journal: Get a piece of paper and some drawing utensils and encourage them to focus on one element of nature to draw. Take it to the next step and identify and label what it is in a field guide or nature encyclopedia.</p>	<p>Write about three things you do as a family to show respect to one another.</p>	<p>Use pillows to build a reading fort. Get cozy and read for 20 minutes in your fort.</p>	<p>Listen to your favorite song and identify the music instruments that you hear.</p>	<p>Balloon Keepy Upp: Try to keep the balloon in the air!</p>
<p>Make a piece of art to send a friend.</p>	<p>Listen and watch for birds: We love looking up into the trees and looking for and identifying various birds in our backyard. Looking for nests is also a fun activity.</p>	<p>Complete some family project or chores together.</p>	<p>Create your own book cover for your favorite story.</p>	<p>Have a dance party with your family. Work together to create repeating dance movements that go with certain lyrics and parts of the song.</p>	<p>Practice push-ups (on the wall or knees is ok!), sit-ups and planks</p>