

## APEX FRIENDSHIP HIGH SCHOOL

## Junior Conference

#### **Objectives**

- Review Graduation Requirements
- Plan for Senior Year
- Post-Secondary Planning

## WHO'S IN STUDENT SERVICES?



**Karina Hernandez** 

Counselor, A-Co



**Brittany Amalfitano** 

Counselor, Cr-He



**Sharli Muir** 

Counselor, Hi-Mc



**Jennifer Conley** 

Counselor, Me-R



Sam Greene

Counselor, S-Z



Kelly Burden

SAP Counselor



**Linda Brannan** 

Financial Aid Advisor



**Sarah Carter** 

**Dean of Students** 



Lauren Connors

Student Services Receptionist



Jennapher Wall

Registrar

#### Credit Detail Page by Student

Student Name: 8

Address: Cum Weighted GPA: 3.8125

Cum UnWeighted GPA: 3.4375

Potential 16 Total HS Credits: 16

Rank: 373 of 741

Principal: Brian Pittman

Apex Friendship High 7801 Humie Olive Rd Apex NC 27502

Grade: 11 Birthdate: 0

Date Printed: November 25, 2023 Homeroom

	Course Name		Final (	Grade Wgt L		In GPA2	Course Name	Final Grade Mark Earn Pts G	In P#
		maik	EUI	rigit	mry	GI A	Course Name	Mark Earlifts 0	-
20-21 Ape 10582Y0	English/Language Arts 8	87	0.00	0.00	0.00	Yes			
21092Y0VA	NC Math 1 (MS for HS Credit)	88	1.00	3.00	3.00	No			
30082Y0	Science Grade 8	88	0.00	0.00	0.00	Yes			
40082Y0	Social Studies Grade 8	88	0.00	0.00	0.00	Yes			
54092Y0M1	Visual Composition	87	0.00	0.00	0.00	Yes			
60482Y0	Health & Physical Education: Grade 8		0.00	0.00	0.00	No			
FC012YB81	Exploring Nutrition and Wellnes	s 97	0.00	0.00	0.00	Yes			
	Exploring Childcare	98	0.00	0.00	0.00	Yes			
TE012YF	Technology and Society	75	0.00	0.00	0.00	Yes			
	ex Friendship High	00	* 00	2.50	2.00	v			
10215X0	English I Honors	82	1.00	3.50	7.	Yes			
10255X0B	The Human Experience Honors		1.00	4.50	***	Yes			
22095X0	NC Math 2 Honors	79	1.00	2.50	2.00				
33205X0	Biology Honors	84	1.00	3.50		Yes			
43035X0	World History Honors	94	1.00	4.50		Yes			
60495X0	Healthful Living I Honors	93	1.00	4.50		Yes			
BF102X0	Principles of Business and Finance	91	1.00	4.00	4.00	Yes			
MM512X0	Marketing	94	1.00	4.00	4.00	Yes			
22-23 Ape 10225X0	ex Friendship High English II Honors	82	1.00	3.50	3.00	Yes			
11412X0	Spanish I	90	1.00	4.00		Yes			
11422X0	Spanish II	91	1.00	4.00	4.00				L
23095X0	NC Math 3 Honors	83	1.00	3.50		Yes			
24035X0	Pre-Calculus Honors	72	1.00	2.50		Yes	302711771127712771277		
34205X0	Chemistry Honors	83	1.00	3.50		Yes	Graduation Checklis	t- 8 Required Electives	
4A087X0	AP United States Government	90	1.00	5.00		Yes	English 1	O	
	and Politics	15					☐ English 2	g	
BB402X0	Business Management I	93	1.00	4.00	4.00	Yes	English 3	<u>u</u>	
23-24 Ape 10235X0	ex Friendship High English III Honors	80		0.00	0.00	Yes	☐ English 4 ☐ Math 1	R	
11435X0	Spanish III Honors	81		0.00	0.00	Yes		5	*
2A037X0	AP Statistics	75		0.00	0.00	Yes	Math 2	<u> </u>	
3A027X0	AP Environmental Science			0.00	0.00	Yes	3rd math	U	
4A037X0	AP Macroeconomics	77		0.00	0.00	Yes	4th math_		
4A057X0	AP Psychology			0.00	0.00	Yes	☐ Earth/Env Science	26 Credits	
4A077X0	AP United States History			0.00	0.00	Yes			
CS112X0	Project Management I			0.00	0.00	Yes	Biology	Additional Electives	
	autoria notification and a second						a physical science		
							☐ World History	D	
							☐ Clvic Literacy/AP Gov	П	
							American History	n -	
							☐ Econ & Personal Fina		
							☐ Health & PF		

#### REVIEW YOUR CREDIT DETAIL SHEET

- What is your GPA (weighted/unweighted)?
- What is your class rank?
- How many credits do you have?
- What graduation requirements do you have left?
- Plan for senior classes with post-secondary goals in mind.

#### OTHER QUESTIONS TO CONSIDER:

- How can you maintain or improve your GPA?
- What does your course selection say about you?

## JUNIOR NEWSLETTER



#### APEX FRIENDSHIP HIGH SCHOOL

#### JUNIOR NEWSLETTE

CLASS OF 2026



#### November 2024

#### School Counselors & Support Staff

#### Dean of Students - Sarah Carter SCarter@wcpss.net

Karina Hernandez A-Co KHernandez@wcpss.ne

Jennifer Conley Me - R

Brittany Amalfitano Cr - He BAmalfitano@wcpss.net

Sam Greene S - 7 SGreene3@wcpss.net

Sharli Muir Hi - Mc Kelly Burden SAP SMuir@wcpss.net KSBurden@wcpss.net

Linda Brannan - Financial Aid Counselor LBrannan@wcpss.net

To schedule an appointment, visit: www.wcpss.net/Page/36544

#### **Additional Support**

Lauren Connors Receptionist

Jennapher Wal Registrar Cathy Howard

Tracey Wooten Intervention Coordinator Christie DeBerry Schol Nurse

Data Manager Amy Hawkins School Psychologist

Wake Tech's CCP

Take community college

courses tuition-free

Summer courses are

https://www.wcpss.net/

More information:

Fall, Spring, and

available

Page/49151

#### Early Release/Late Arrival for Senior Year

- You may request up to two periods off at the beginning or end of the school day for work, internship, and/or other approved opportunities.
- You may submit this form during Spring registration.
- Submitting before the priority deadline: Friday, March 28th 2025,
- guarantees your schedule will be adjusted to include off campus period: Approval is based on course availability and remaining credits needed.
- Dropping courses may impact college admissions' decisions

#### Need Extra Help?

- 1. AFHS Student Services: https:/ www.wcpss.net/domain/13891
- Academic Resources: https:// www.wcpss.net/Page/36562
- AFHS Peer Tutoring: Please speak with your teache to have them submit a request for an NHS Tutor
- Emotional Support Resources: https://www.wcpss.net/ Page/47558

#### **Promotion Requirements**

#### Promotion to Grade 12:

Minimum of 18 credits: Three credits must be English I, English II and English III, and enrollment in remaining courses required to graduate.

#### **Graduation Requirements**

Curriculum	Units	Courses
English	4	English I, II, III, and IV
Mathematics	4	Math 1; Math 2; Math 3; and fourth math course based on student's post-high school plans
Science	3	Earth Science or AP Environmental Science; Biology; and either Physical Science, Chemistry, or Physics
Social Studies	4	World History; Civic Literacy or AP Government; American History or APUSH; Economics & Personal Finance
Health & PE	1	Healthful Living
Required Electives	2	2 electives of any combination from either CTE, Arts Education or World Language
Additional Electives	4	Courses from any subject area "To create opportunities for after graduation, we encourage students to take 4 additional electives beyond the requirement in an area of concentration (CTE, Arts, or any other subject area)
Total	22	MINIMUM required to graduate

#### To earn Latin Honors at Graduation:

- Summa Cum Laude: 4.25 weighted GPA or higher
- Magna Cum Laude: 4.00 to 4.249 weighted GPA
- O Cum Laude: 3.75 to 3.99 weighted GPA

#### Mid-Year Graduation

- Must meet with your counselor to discuss graduation requirements and post-grad plans.
- Must be approved by Mr. Pittman.
  - Priority Deadline: Friday, March 28th, 2025.

#### **NCAA Eligibility Center**

To be certified eligible play Div. I or Div. II athletics in college, register at the NCAA Initial Eligibility Center online at https://web3.ncaa.org/ecwr3/.

NCAA Eligibility Information Night: January 9th, 2025 from 6:00-7:00pm in the AFHS Auditorium.

#### Career Planning

- D Start your search early! Contact our Career Development Coordinator, Mrs. Guinn (tguinn@wcpss.net) D Identify individuals who may provide a reference
- D Career planning websites:
  - http://careercounselormrsguinn.weebly.com/
  - https://app.paper.co/majorclarity
  - https://www.cfnc.org/plan-vour-future/plan-for-a-career/
  - Occupational Outlook Handbook: https://www.bls.gov/ooh/
  - NC Apprenticeship Program: <a href="https://www.nctap.org/">https://www.nctap.org/</a>
- Job Training Programs: www.waketech.edu/programscourses/non-credit/enhance-your-career/career-pathways

11th grade Planning Timeline Click here for recommendations for Fall and Spring activities to prepare for applying to

Grade Point Average (GPA): Your GPA is the sum of all the quality points earned divided by the total number of attempted

credits. Standard	Honors	AP or CCF
A = 4 Pts	A = 4.5 Pts	A=5Pts
B=3 Pts	B=3.5 Pts	B = 4 Pts
C = 2 Pts	C = 2.5 Pts	C = 3 Pts
D=1Pt	D=1.5 Pts	D = 2 Pts
F=0 Pts	F = 0 Pts	F = 0 Pts

\* Mainly college transfer courses

College Eligibility: The Minimum Course Requirements (MCR) for the University of North Carolina System of Higher Education determine your eligibility to apply. Completing these ourses means you have satisfied the minimum requirements needed to be eligible to apply to a public university in North Carolina. The requirements are:

- A minimum weighted GPA of 2.5. Students with a weighted HS GPA greater than or equal to 25 and less than 28 are required to submit a standardized test score of a 17 or higher ACT or 930 or higher SAT
- 4 credits of English

objectives)

Challenging course selection

Standardized test scores

Course grades

Strong application

Personal statement

Supplement essays

Recommendations

Sports & Clubs

Extracurricular activitie

Work, internships, etc.

Community service

- D 4 credits of Math (Math 1, 2, 3 and one credit beyond
- 2 credits of Social Studies (Including 1 in U.S. History) 3 credits of Science [Earth Science; Biology; Physical
- Science (Physical Science, Chemistry, or Physics)] 2 additional academic courses from English, Math, Science, Social Studies, World Language, or Computer Science (in alignment with career
- Optional: 2 consecutive credits of the same foreign language (This is still a requirement for many out

It is also strongly recommended by colleges that you take a math course during your senior year of high school. Students are also encouraged to take more than just two years of a foreign language when ering more competitive colleges/universities



#### **Interest in the Military**

Research the different military branches: Army, Navy, Marines,

Air Force, Space Force, National Guard, and Coast Guard

- Military.com
- · Meet with a branch recruiter along with a parent or guardian
- Take the ASVAB

#### Useful Websites for College Planning

■ Apex Friendship High School

https://www.wcpss.net/apexfriendshiphs

Check out our website for current happenings at our school. Visit the Student Services section for college admissions' profiles of our recent graduates, scholarship information, planning guides for high school and much more!

■ The College Foundation of North Carolina

This excellent website helps you plan for college, apply to college and learn how to pay for college. Includes specific information on all colleges and universities in NC. including community colleges; career information; high school course planner and scholarship information. Students can use CFNC to apply to NC schools, send transcripts, and much more.

The Common Application - Apply to most of your colleges in one place! Juniors can create their profile, but DO NOT begin applying to school until after August 1. https://www.commonapp.org/plan/your-path-to-college/11th-grade

**Big Future** 

Research colleges, the admissions process, financial aid, and scholarships.

Free, personalized SAT test prep offered through Khan Academy. Link your PSAT or SAT Score Report or take the quizzes offered to identify your areas of need.

What you Should Consid

Average GPA & test scores of

Your intended major

admitted students

Location/geography

Academic & professional

opportunities (study abroad,

internships, job placement etc.)

Talk to college fair representatives

Type/size

· Campus life

Free, ACT test prep provided by the ACT. Find full practice exam as well as order their free test prep guide.

Basics of Financial Aid

https://www.wcpss.net/Page/5

Handout provided by our Financial Aid Counselor, Linda Brannan, provides a great overview of the financial aid process. Click here for direct access to the

Early Decision	Early Action
Binding: must withdraw all other applications if admitted to attend that school	Non-binding: must commit or decline typically by May 1
Can apply only for Early Action	No restrictions on applying to
and Regular Deadline at other	other schools for Early Action
schools	and Regular Deadline
Due usually between Oct 15	Due usually between Oct 15 -
-Nov 1; notified by Dec 1-Jan 1	Nov 1; notified by Dec 1-Jan 30
Early Decision II is offered by	A great way to take the
some schools; similar rules but	pressure off! Beneficial for
later application	financial aid candidates!

Newsletter available online →Student Services →11th grade

Follow the link by

clicking **here** to go

utilize these links

or scan the QR

code below

straight to the

newsletter to

## GRADUATION + PROMOTION REQUIREMENTS



#### **Grade 12 Promotion:**

at least 18 credits
 English I, II, III
 Schedule that, if successfully completed, will result in the fulfillment of graduation requirements.

\*\*many 4-year colleges/universities require two foreign language credits for admissions

	Curriculum	Units	Courses
	English	4	English I, II, III, and IV
	Math	4	Math 1, Math 2, Math 3, and 4th math course based on post-secondary plans
	Science	3	Earth Science/ AP Environmental Science Biology Physical Science/Chemistry/ Physics
	Social Studies	4	World History Civic Literacy American History/ AP US History) Economics & Personal Finance
	Health & PE	1	Healthful Living
	Requisite Electives	2	2 electives of any combination from either CTE, Arts Education, or Second Language**
	Additional Electives	4	► 4 elective courses from any area  ► To create opportunities for after graduation, we encourage students to take 4 additional electives to concentrate in one area (CTE, Arts, or any other subject area)  ► You may select CTE courses that complete a Career Cluster
	Total	22	MINIMUM required to graduate

## SCHEDULE OPTIONS FOR SENIOR YEAR: EARLY RELEASE/LATE ARRIVAL

- Eligible students may request up to two periods off at the beginning or end of the school day for work, internship, and/or other approved opportunities.
- Students may submit this request during spring registration.
- Please note this is a request and that completing an application <u>does not</u> guarantee that students will receive early release/late arrival; not all requests can be accommodated. Also, an early release request has no bearing on a student's parking pass application.
- Dropping courses from your schedule may impact a college or university's admissions decision.
- To maintain athletic eligibility, students must earn passing grades in 70% of the number of courses taken in the previous semester. Seniors must meet this requirement in order to participate in athletics during the spring sports season of their senior year. WCPSS also requires a cumulative overall grade point average of 1.5 or above to continue to play sports.

## SCHEDULE OPTIONS FOR SENIOR YEAR: MIDYEAR GRADUATION

Students must meet with their counselor to discuss graduation requirements and post-grad plans.



- Request can be submitted during spring registration
- Must be submitted to Student Services no later than March 28th 2025, to guarantee your schedule is correct for the following year.
- Request must be approved by Mr. Pittman.
- Dropping courses from your schedule may impact a college or university's admissions decision.

## EARNING COLLEGE CREDIT IN HIGH SCHOOL

#### **AP Classes**

Earn at least a 3 on the AP exam

## Career and College Promise -CCP Classes (Wake Tech Classes)

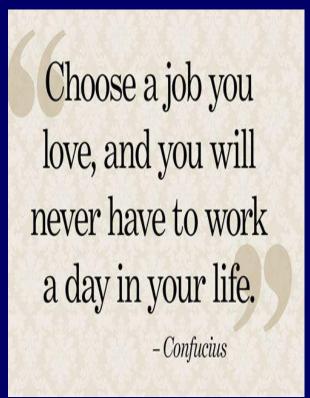
- Free tuition classes offered through any NC community college
- Simultaneously earn high school credit and college credit
- At least a 2.8 unweighted GPA is an eligibility requirement
- Not all CCP classes are weighted the same as an AP class (CTE vs CT)
- See the CCP tab on our website for more info <a href="https://www.wcpss.net/Page/49151">https://www.wcpss.net/Page/49151</a>
- Application for the summer and fall semester will begin late February/early March
- CCP informational/help sessions are coming in the spring...listen out for announcements

## WHAT ARE YOUR PLANS AFTER HIGH SCHOOL?

- 4-Year College/University
- Community College or Trade School
- Military
- **□** Work
- Not sure



## CAREER - USUALLY THE ULTIMATE GOAL



- Questions to consider during the career planning process:
  - What do you want to do? What are you good at?
  - What are the requirements for the career? How can you prepare?
  - What is the career really like? Will you enjoy it?
  - What is the expected income? Will it support your expected lifestyle?
  - How does the job market look?
  - Career Planning Resources
    - Career Development Coordinator (CDC)- Mrs. Guinn
    - Career planning websites and interest inventories (Major Clarity)
    - Internships, volunteer experiences, job shadowing, apprenticeships
    - Electives and clubs





- 100s of job opportunities within each branch
- High school diploma is required
- Military tuition assistance
- Visit <u>military.com</u> for more information
- Mrs. Guinn is the AFHS military contact
- Sign up to take ASVAB, military entrance exam

Army
Marines
Navy
Air Force
Space Force
Coast Guard
National Guard

## COMMUNITY COLLEGE/ TRADE 5CHOOL

Open enrollment

Affordable

Certificate and diploma programs

Associate degree (2-year degree)

Transfer pathways, 2+2 university partnerships

## NOT ALL CAREERS REQUIRE A Y-YEAR DEGREE



OCCUPATION	PROJECTED GROWTH RATE	2022 MEDIAN PAY	ENTRY-LEVEL EDUCATION
Air traffic controllers	Little or no change	\$80,000 or more	Associate's degree
Nuclear technicians	Little or no change	\$80,000 or more	Associate's degree
Radiation therapists	As fast as average	\$80,000 or more	Associate's degree
Nuclear medicine technologists	Little or no change	\$80,000 or more	Associate's degree
Dental hygienists	Faster than average	\$80,000 or more	Associate's degree
Diagnostic medical sonographers	Much faster than average	\$80,000 or more	Associate's degree
Magnetic resonance imaging technologists	Faster than average	\$80,000 or more	Associate's degree
Avionics technicians	As fast as average	\$60,000 to \$79,999	Associate's degree
Aerospace engineering and operations technologists and technicians	Faster than average	\$60,000 to \$79,999	Associate's degree
Funeral home managers	As fast as average	\$60,000 to \$79,999	Associate's degree
Respiratory therapists	Much faster than average	\$60,000 to \$79,999	Associate's degree
Computer network support			









## WAKE WORKS APPRENTICESHIP PROGRAMS

**Apartment Maintenance Tech** 

**Automotive Tech** 

Construction Management Technology Project

Manager

**EMT Paramedic** 

Carpenter

Electrician

**HVAC Tech** 

**Tower Technician** 

Auto Collision Repair

Plumber

Electronic Assembler

**Geomatics Technology** 

Civil Engineering

**Medical Assisting** 

Accounting

EARN WHILE YOU LEARN



Apartment maintenance technician Repair and perform maintenance on electrical, plumbing, HVAC systems and more.



Automotive systems
Automotive service technicians are in high demand at dealerships and aut



Read blueprints and construct building frameworks, including walls, floors and door frames.



Electrician
Install and maintain electrical wiring systems across a variety of



Learn essential skills to stabilize and safely transport patients in emergency and non-emergency situations.



HVAC technician Install and service air conditioning, heating and refrigeration equipment in



Plumber Install and repair plumbing systems, including water pipes and drains, in residential and commercial buildings.



Tower technician

Specialize in the installation, maintenance and repair of equipment of telecommunications towers.

## Y-YEAR COLLEGES/UNIVERSITIES

There are about 50 four-year colleges/universities in NC, and thousands in the U.S.

### Which is a good fit for you?

- ★ Degree Programs Offered
- ★ Campus Life/ Social Activities
- ★ Freshman Profile (avg GPA & ACT/SAT)
- ★ Study Abroad Opportunities

- ★ Location
- ★ Size/Type
- ★ Selectivity
- ★ Support Services

- ★ Cost
- ★ Academic Programs
- ★ Internship Opportunities
- ★ Research Opportunities



# FACTORS CONSIDERED IN COLLEGE ADMISSIONS

Academic Performance	Personal Characteristics
<ul> <li>Academic Rigor</li> </ul>	<ul><li>Essays</li></ul>
<ul> <li>GPA &amp; Class Rank</li> </ul>	<ul> <li>Extracurricular activities</li> </ul>
<ul> <li>Test Scores</li> </ul>	<ul> <li>Letters of recommendation</li> </ul>

### Y-YEAR COLLEGE/UNIVERSITY

#### What can you start doing now?



Create a CFNC account
 Know your dream schools' requirements and plan your senior schedule accordingly
 Make an activity list/student resume. Include notes on why activity was meaningful/what you contributed/what you gained
 Plan for your essays and recommendation letters
 Many teachers would like to be asked in the Spring.
 You must loop back to them in the Fall to confirm.
 Practice proper etiquette when asking!
 Search for scholarships
 Take the ACT and/or SAT
 Look at deadlines and make a plan.
 Maintain Rigor & Keep Up Your Grades!



FIND A COLLEGE

Plan for college









Junior Timeline





#### Application requirements

Scroll for more information

Download requirements grid

My Colleges Only

All Colleges

	Institution @			Dea	dlines			App f	ees 🕢	Commo	App 🕝	Supplem	ents 0	Mi	n <mark>i</mark> mum standard test requir	red 🕜	Recommendations				ns 0
College name ↑	Туре	ED	EDII	EA	EAII	REA	RD/Rolling	US	Intil	PE	C&G	Portfolio	WS	Test policy	SAT/ACT tests used	Intil	TE	OE	MR	CR	Saves forms
Appalachian State University	Coed			11/1/2021			7/26/2022	\$65	\$65	~				Always required	SAT without Essay or ACT without Essay	See website	0	0			~
Brown University	Coed	11/1/2021					1/5/2022	\$75	\$75	~		SR		Never required	See website	See website	2	0	~	~	~
Duke University	Coed	11/1/2021					1/4/2022	\$85	\$85	~		SR	~	Never required	See website	None	2	0	~	~	~
East Carolina University	Coed						3/1/2022	\$75	\$75	~				Ignored	See website	See website	0	0			~
Elon University	Coed	11/1/2021		11/1/2021			1/10/2022	\$60	\$60	~				Sometimes required	SAT without Essay or ACT without Essay	IELTS or TOEFL or Duolingo	0	0		~	
Hampton University	Coed			11/15/2021			3/1/2022	\$50	\$50	~				Sometimes required	SAT without Essay or ACT without Essay	IELTS or TOEFL	0	0		~	~
High Point University	Coed	11/1/2021	2/1/2022	11/15/2021			3/1/2022	\$50	\$50	~				Sometimes required	SAT without Essay or ACT without Essay	IELTS or TOEFL	0	0		~	~
Howard University	Coed	11/1/2021		11/1/2021			2/15/2022	\$45	\$45	~			~	Never required	See website	IELTS or TOEFL	1	0		~	~
New York University	Coed	11/1/2021	1/1/2022				1/5/2022	\$80	\$80	~		SR		Never required	See website	See website	1	0	~	~	
North Carolina State University	Coed			11/1/2021			1/15/2022	\$85	\$100	~		SR		Never required	SAT without Essay or ACT without Essay	IELTS or TOEFL or PTE	0	0	~		
University of North Carolina Asheville	Coed	11/15/2021	1/15/2022				2/1/2022	\$75	\$75	~				Never required	None	IELTS or TOEFL	0	0	~	~	~
Iniversity of North Carolina at Chapel Hill	Coed			10/15/2021			1/15/2022	\$85	\$85	~				Never required	See website	IELTS or TOEFL	1	0	~		~
University of North Carolina at Charlotte	Coed			11/1/2021			6/1/2022	\$75	\$80	~				Never required	SAT without Essay or ACT without Essay	IELTS or TOEFL or PTE	0	0			
University of North Carolina Greensboro	Coed			11/1/2021	12/1/2021		7/15/2022	\$65	\$65					Never required	SAT without Essay or	See website	0	0			_







## **Changes** to UNC System *Minimum* Admission Requirements

- Fall 2026 and Beyond: Students with a weighted High School GPA greater than or equal to 2.50 and less than 2.80 are required to submit a standardized test score of a 17 or higher on the ACT or a 930 or higher on the SAT.
- Two foreign language credits will be recommended, but not required For students applying for first-time (freshman) admission to constituent institutions through the 2024 spring semester:
  - Two-course units of a language other than English.

For students applying for first-time (freshman) admission to constituent institutions after the 2024 spring semester:

• Two additional academic courses from English, mathematics, science, social studies, world languages, or computer science. (Note: these courses should be selected in alignment with a student's academic and career objectives. Completion of two sequential world language courses is recommended.)

https://www.northcarolina.edu/future-students/admission-requirements/

\*Most private and out of state schools will still require at least 2 credits of a foreign language





## **AFHS NCAA Night**

Thursday, January 9th 2025
6pm - 7pm
AFHS Auditorium

Hear about the NCAA Process, eligibility, and information on how to play sports in college



## UPCOMING OPPORTUNITIES

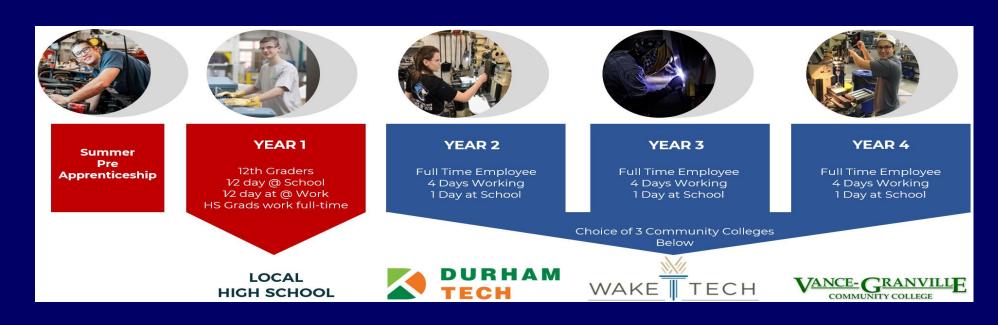
#### NCTAP- NC Triangle Apprenticeship Program

- Classes leading to an Associate's Degree (AAS) in Mechanical Engineering Technology or Automotive Systems Technology at Wake Tech Community College or Mechatronics Engineering Technology at Vance Granville Community College and paid, on-the-job training at participating Triangle employers.
- For more information on the program, visit <a href="https://nctap.org/">https://nctap.org/</a>.

#### **NCTAP FACILITY TOURS**

- Saturday January 11, 2025, at 8:00 AM and 10:30 AM
- Saturday January 25, 2025, at 8:00 AM and 10:30 AM
- Saturday February 08, 2025, at 8:00 AM and 10:30 AM

#### EARN WHILE YOU LEARN



## UPCOMING OPPORTUNITIES

#### Summer Ventures (https://www.ncssm.edu/summerventures)

Summer Ventures in Science and Mathematics is a no-cost, state-funded program for academically talented North Carolina students who aspire to careers in science, technology, engineering, and mathematics (Open now, Deadline to apply January 5, 2025)

#### **Summer Enrichment/Pre-College Programs**

Many colleges in and out of state offer summer enrichment programs for high school students. Explore their websites to learn more, or utilize the Summer Enrichment Search on <u>cfnc.org</u>

Large Scholarships: Morehead (UNC), Park (NCSU), Robertson (Duke/UNC), LeVine (UNCC), Cheatham-White (NCCU), Belk (Davidson).

☐ These opportunities happen in EARLY fall of senior year. Be ready!

## STAY INFORMED



- Check your student email
- Keep up with the Principal's messages and the school website
- Follow us on Instagram @AFHSstudentserv
- Pay attention to announcements, especially in homeroom
- Reach out to your counselor

# HOW TO BOOK AN APPOINTMENT

- 1. Visit: <a href="https://www.wcpss.net/Page/36544">https://www.wcpss.net/Page/36544</a>
- 2. Select: Click on your counselor's name
- 3. Schedule: Choose a time to meet

#### School Counselors do more than college planning...





#### **Academic Advising**

- Monitor your grades, credits, promotion and graduation requirements
- Study Skills, organization, time management, help getting school supplies

#### **Career/College Planning**

 College/career advising, recommendation/reference letters, connection to programs and resources outside of school

#### **Personal/Social Support**

- Attendance problems, issues at home, with a friend, or with a teacher
- Anxiety, stress management, healthy coping skills



#### **Helpful Links**

**AFHS Student Services** 

**AFHS Career Services** 

**UNC System Requirements** 

Scholarship Opportunities at AFHS

AFHS Course Selection Worksheet 24-25

Program Planning Guide & Course

**Descriptions for all AFHS Courses** 

Common App

Common App Step-by-Step How To Videos

What can I do with this major

**BLS.gov Occupational Outlook Handbook** 

**Major Clarity** 

College Board Big Future

Military.com

<u>ApprenticeshipNC</u>

CollegeBoard.org

ACT.org

College Scorecard (college search tool)

**CFNC** Explore careers, colleges, and ways to afford school

# STAY TUNED FOR COLLEGE APPLICATION HELP SESSIONS OFFERED THIS SPRING

\*Counselors will offer sessions in the Spring for students wanting more assistance preparing for college applications.

\*Look out for announcements shared through email, homeroom, and social media.