# IS IT TIME FOR KINDERGARTEN?

How can I tell if my child is ready for kindergarten?

The transition to kindergarten is respected as a major milestone not only for the child, but for his or her family as well. The attitude towards school and learning that the child carries with them for life is often determined by this very first experience with school. A smooth transition to kindergarten can help make sure ( your child is successful in school. See the information provided below to help you prepare your child for his/her school experience.



### Self-Help Skills

- Use the bathroom independently
- Zip coat
- Take shoes on and off
- Button/snap pant fasteners
- Recognize his/her first and last name (not a nickname)

### Fine Motor Skills

- Hold a pencil
- Write first name
- Use scissors to cut basic shapes
- Trace lines and shapes
- Color or draw a picture



#### **Social Skills**

- Complete 2-step directions
  - Sit and listen to someone read a story for 5-10 minutes
  - Play a game and accept losing Take turns while playing
- Play a game and accept losing
- Complete short tasks without an adult's help.
- Control emotions without tantrums.



## Academic Skills

- Count to 20 and recognize numbers 0 10
- Sing and say ABCs
- Identify letter names (out of order)
- Follow direction from adults

