



**Welcome Future  
Graduates!  
Class of 2018**

Opening Video <http://espn.go.com/video/clip?id=12893699>

S. Services would like you to join Class  
2018 Students and Parents!



To receive messages via text, text  
**@class2018f** to **81010**. You can opt-  
out of messages at anytime by  
replying, 'unsubscribe @class2018f'.

Trouble using 81010? Try texting  
**@class2018f** to **(919) 346-0106**  
instead.



Enter this number

Text this message

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# PLAN/PSAT: UNDERSTANDING YOUR RESULTS

The background is a solid blue gradient. On the right side, there are several sets of parallel white lines that create a sense of motion and depth, extending from the top right towards the bottom left.



## USING YOUR ACT/PLAN RESULTS

<https://www.youtube.com/watch?v=VvxLI864ADU>



## USING YOUR PSAT SCORE REPORT

<https://www.youtube.com/watch?v=nzCSlilL3WQ>

# Are You College Ready??

[https://www.amazon.com/clouddrive/share/GbjlaS1HBFxVkiixulcJUd6Ecmiwa7FI7DPIkHNZ3m9?ref\\_=cd\\_ph\\_share\\_link\\_copy](https://www.amazon.com/clouddrive/share/GbjlaS1HBFxVkiixulcJUd6Ecmiwa7FI7DPIkHNZ3m9?ref_=cd_ph_share_link_copy)

Course	Mark	Weighted	Unweighted	Earned Credits	Flags
<b>Grade: 9 2014/15</b>					
33205X0 Biology Honors / BIOLOGY HONORS	D	2,000	1,000	1.00	U
10215X0 English I Honors	B	4,000	3,000	1.00	U
60492X0 Health and Physical Education Grades 9- / Health and Physical Education	B	3,000	3,000	1.00	
22015X0 MATH II HONORS	D	2,000	1,000	1.00	
11412X0 Spanish I	B	3,000	3,000	1.00	U
FC102X0 Teen Living	A	4,000	4,000	1.00	
54152X0 Visual Arts (Beginning) / Visual Arts I (Beginning)	A	4,000	4,000	1.00	
43035X0 World History Honors	C	3,000	2,000	1.00	
<b>Grade: 10 2013/14</b>					
99329Y08 Actvty Period/Homeroom / Homeroom 8					EN
<b>Grade: 10 2014/15</b>					
99329X0 Actvty Period/Homeroom / Homeroom					EN
<b>Grade: 10 2015/16</b>					
99329X0 Actvty Period/Homeroom / Homeroom					ENP
42095X0 Amer His: Found Prin, Civics & Ec Hon / Am History:Founding Prin, Civics/Econ(H)					PU
AA212X0 Animal Science I / Animal Science I					P
35015X0 Earth/Environ Science Honors / Earth/Environ Science Honors					P
10225X0 English II Honors / English II Honors					PU
21032X0 Math I / Math I					PU
23012X0 Math III / Math III					PU
11422X0 Spanish II / Spanish II					PU
54162X0A Visual Arts (Intermediate) / Visual Arts - Intermediate					P

**UNIVERSITY OF NORTH CAROLINA BOARD OF GOVERNORS  
MINIMUM ADMISSION REQUIREMENTS REMAINING**

Civics and Economics	Earth/Environmental Science	English II
English III	English IV	Fourth Math - UNC
Math I/Algebra I/Integrated Math I	Math III/Geometry/Integrated Math III	Physical Science
SPANISH	US History	

**PERFORMANCE INFORMATION**

Cumulative GPA Total Points are Calculated as of the end of 02/27/2016

Cumulative GPA Weighted:	3.1250	Total Points Weighted:	25,0000
Cumulative GPA Unweighted:	2.6250	Total Points Unweighted:	21,0000
Class Rank as of 02/09/2016:	337 out of 629	Total Credits:	Earned: 8,000 Potential: 8,000
		Credits Towards Graduation:	8,000

Note: All courses taken at the middle school for high school requirement(s) will not calculate in the GPA.



WILL I GET ACCEPTED??

# DAVID SIMS

3.5 GPA; ACT SCORE: 16

- Did not take any Honors or AP level courses
- 4 years of soccer (team captain)
- 100 Hours of Community Service
- Recommendation letter states :
  - “Although David is a hard worker his writing needs quite a bit of work on a fundamental level and indicates that David struggles with his writing and would struggle at the college level”

Does David have a “Good Shot” of being accepted into a competitive 4 year school?

# WAYNE JACKSON

## 4.7 GPA; ACT SCORE 30

- Took several Honors and AP Courses
- 3 years of Track
- 2 years of Debate
- 120 hours of Community Service
- Treasurer of the Student Council
- Recommendation letter: “Wayne is an absolute pleasure to have in class. He not only studies hard and knows the material, but he seems genuinely interested to be in class”
- Does Wayne have a “Good Shot” of applying to and being accepted to a competitive 4-year school?

# KIRA JONES

3.7 GPA; ACT SCORE: 22

- Took some Honors courses but no AP courses
- 2 years on volleyball team
- 80 hours of Community Service
- Editor of the Yearbook
- Recommendation letter: “Kira does well in my class academically, but rarely participates”
- Should Kira be applying to any competitive 4-year colleges?

# ELIJAH FREEMAN

3.0 GPA, 2.2 Core GPA; ACT SCORE 21

- 4 years on men's basketball team
- 4 years on track team
- Participates in summer mission trips
- Volunteers at Library
- Does Elijah have a good chance of being accepted into a 4 year school? Will he be eligible to play Division I basketball?

# JOSIE SANDERS

## 1.9 GPA; ACT SCORE 16

- Member of World Cultures Club
- Began high school making poor choices, skipping classes, and failed a few classes her freshman year.
- Made mostly B's and some C's in the 11<sup>th</sup> grade
- Will she be accepted to a 4-year UNC System University?



**College Edition**

# **True or False?**

**It's better to get good grades than take challenging courses.**



# False!

Even modest success in advanced courses indicates to a college that you seek and can handle challenging courses -- like those you will find in college. A challenging college preparatory program or some advanced placement courses will help you get into more selective colleges.

# **True or False?**

**Standardized tests (ACT, PSAT, SAT) are more important to college admissions than your high school grades.**

# False!

Your performance in high school is a better predictor of college success than standardized tests. Colleges know that. That does not mean that most colleges won't look at your SAT or ACT scores. It just means that a great SAT/ACT score will not make up for mediocre grades.

# **True or False?**

**You can still get into a selective college if you did poorly in ninth grade.**

# True!

Colleges look for improvement in performance as a sign that you can and will do the work. In fact, a vast improvement as a junior and senior indicates to a college that you have settled down. **However, your GPA still matters. Do not expect to catch up for three poor years in one good semester as a senior.**

# **True or False?**

**A lot of out-of-class activities  
will compensate for poor  
grades.**

# False!

Colleges consider out-of-class activities such as athletics, student government, part-time jobs and music when they review an application; but colleges look at your academic performance first. Lots of out-of-class activities help only if the college already believes you can do the work.

# **True or False?**

**The best time to visit colleges is before you have been admitted.**



# True!

Many students visit the colleges to which they were admitted only to find that none of them “felt” right. If possible, visit before you apply and again after you have been admitted. If you can visit only once, make it before you apply.

# **True or False?**

Taking Admissions tests multiple times will help you get a better score.

# False!

Studies show that taking tests multiple times won't significantly improve your score. But if you feel you didn't do your best, you have the option of learning from your score, prepping for the test to improve performance, and taking the test a second time. Taking it spring of junior year gives you that flexibility and can help you start on your college list and visits.

# **True or False?**

Working hard in high school is important even if I want to go straight into the work force or military.

# True!

Job training in the military is on par with the best private trade schools that exist. You can lose job assignments if you fail training tests which means moving to a job that is probably not your first choice. Learning how to study and communicate knowledge is important in any job and can impact promotions and what you get paid.

# **True or False?**

Junior year is the most important year in regards to getting into college.

# **False!**

Every final course grade you receive in high school counts toward your cumulative GPA. While colleges admission officers will respond to improvement in Junior year it is important to do your best throughout your high school year.

# **True or False?**

**You should go to the most prestigious college to which you are admitted.**



# False!

You should go to the college that "fits" you best. If it happens to be prestigious, that's fine. However, fit has to do with how you feel when you are on campus, the match with how you learn and how the professors teach, and the academic pressure you can handle. If the college and you are not a good match, you will be unhappy regardless of the prestige.

# **True or False?**

**You should postpone college or further training if you haven't decided on a major field.**

# False!

Many students who postpone college or training never return to school. If you are undecided, the best colleges are ones that have core requirements or distribution requirements that ensure you will explore new areas and fields. Also, look for colleges with the strongest academic advising and career counseling programs regardless of their size. In most cases, you can choose a major in your sophomore year and still complete the degree in four years. A surprising number of students discover the field for them while taking a course they didn't expect to like.

# **True or False?**

**If I major in my field of interest, it is still important to get work or research experience in that field while in college.**

# True!

Research on success in graduate school and in employment after college suggests the **best way** to master a major field is a combination of learning theory and active, hands-on learning by doing. The opportunity to do research on your own or work side by side with a professor/practitioner on a project tends to be more valuable than simply taking more courses in the field.

# **True or False?**

**Your life will be ruined if you do not get admitted to your first choice college.**

# False!

Thousands of students each year do not get admitted to their first choice college and most are happy, healthy individuals today. Yes, rejection is hard on your ego, but you will not be alone. Additionally, the vast majority of students who settle for their second choice end up happy at that institution anyway. Remember, college admissions, especially at the more selective colleges has to be subjective. With thousands of applications and only a small staff, it is impossible to assess each applicant objectively. Some applications stand out. Some don't.

# **True or False?**

**You will not have a better chance of getting into professional or graduate school if you go to a university that has those graduate programs.**



# False!

Many students and parents mistakenly think that attending a university with a law school, medical school or graduate school guarantees admission into that program at graduation. Very few universities give their students special preference for graduate study and those that do reserve it for only the very best students. Many small colleges and universities have excellent records in placing students in professional schools and graduate programs. The key to admission is succeeding in a strong major program at a challenging college, not where you go. Regardless of where you attend there are no guarantees.

# **True or False?**

**Liberal arts colleges do not have good science programs.**

# False!

The "liberal" in liberal arts means "broadening" and "freeing" - as in freeing one's mind from narrow thinking. The term liberal arts is a shortened version of the full title: liberal arts and sciences. Most liberal arts colleges have been emphasizing science for all students for a century or more. Since the best way to learn science is by doing science, small colleges with small classes and fewer students in laboratories often have an advantage. Proportionally, far more Ph.D.s in the sciences and physicians have earned their undergraduate degrees from small liberal arts colleges than large universities.

# **True or False?**

Most good colleges are well known and are more expensive than other colleges.

# False!

Just because a college costs more doesn't mean that it's a better school. Athletics on television is how most colleges get to be known, but many colleges do not get that kind of exposure. Some of the nation's finest colleges don't play big-time athletics. Judge a college on its own merits. Don't let name recognition determine a good or bad college. Also, keep in mind that earning a degree matters much more than which school it was earned at.

# **True or False?**

Community colleges offer more than vocational education.

# True!

Community colleges provide a wide range of educational options, all at a low cost to students. In addition to career and technical education, community colleges offer the first two years of academic course work to transfer to a four-year institution. Open admissions, nearby locations, a wide array of courses, flexible class schedules, and low tuition prices make community colleges readily accessible to everyone.

# **True or False?**

Students who pursue 2 year, vocational degrees earn less than graduates of 4 year colleges.



# **False!**

While this is very dependent on the vocation you pursue, some two year grads earn more than students who pursue certain 4 year degrees.

# Highest Paying 2 year Degrees

1	Management Information Systems (MIS)	Associate	\$45,100	\$72,100	48%
2	Construction Management	Associate	\$43,900	\$71,200	64%
3	Economics	Associate	\$36,800	\$71,100	49%
4 (tie)	Electronics & Communications Engineering	Associate	\$45,100	\$69,600	58%
4 (tie)	Mechanical Engineering Technology (MET)	Associate	\$40,600	\$69,600	49%
6	Dental Hygiene	Associate	\$61,300	\$68,700	75%
7	Occupational Health and Safety	Associate	\$50,300	\$68,200	76%
8	Computer Science (CS)	Associate	\$40,900	\$67,400	49%
9	Diagnostic Medical Sonography	Associate	\$50,200	\$66,800	78%
10	Networks & Telecommunications	Associate	\$41,600	\$66,400	56%
11	Computer Programming	Associate	\$42,300	\$65,300	45%
12	Electrical Engineering Technology (EET)	Associate	\$42,600	\$65,100	54%
13 (tie)	Fashion Design	Associate	\$35,900	\$64,900	29%
13 (tie)	Mechanical Design	Associate	\$43,700	\$64,900	53%
15	Biomedical Equipment Technology	Associate	\$40,800	\$64,800	83%
16	Nursing	Associate	\$52,200	\$64,500	80%

# **True or False?**

Most students can find a way to pay for to college.

# True!

The annual family income of more than 47 percent of undergrads is less than \$40,000. College, if done right, is affordable. Families have options when it comes to paying for college. Students with lower family incomes look for scholarships, work during summers and while in school, and may attend community college at a cheaper per credit cost to get the basic courses out of the way. Good grades make a huge difference when it comes to colleges awarding merit aid, meaning students with financial need can significantly improve their chances for scholarships if they work hard in high school.

# **True or False?**

You should complete the Free Application for Federal Student Aid (FAFSA) even if you don't think you will qualify for aid.

# True!

The FAFSA must be completed for all federal and state aid. It is the only way to access the lowest interest rate loans regardless of need. Also, many colleges will not award merit aid if they don't have a FAFSA on file.

# **True or False?**

**Only the very best students receive financial aid from colleges.**

# False!

If you are admitted and have financial need, colleges generally want to make it possible for you to attend. In fact, the greatest proportion of financial assistance at a private colleges tends to go to students in the middle of the class. High-ability students or students with special talents may receive "merit-based scholarships."



# **True or False?**

**Public colleges/universities offer less financial aid than private colleges.**

# True!

State-supported colleges and universities offer very little of their own resources for financial assistance. As the name suggests state-supported institutions are subsidized by their respective state that allows them to charge less. However, state institutions are also more likely to offer only loans to students who do not have a high need.

# **True or False?**

**The federal government provides most of the financial aid.**

# **False!**

Government funds comprise only about 40% of the financial aid available. Colleges and Universities, especially Private colleges, supply the largest portion of financial aid.

# **True or False?**

**You can't trust the college about financial aid.**

# False!

Financial aid is not a "you versus me" business. The job of a college's financial aid officer is to make it possible for all admitted students to attend their college. They also must stay within the federal guidelines. Anytime you have a question about financial aid, call the financial aid officer at the colleges you are considering. They are eager to help.

# **True or False?**

**Loans are bad.**

# False!

While you should be careful not to borrow more than you need, or more than you can reasonably expect to repay upon graduation from college; sometimes it is necessary to borrow money to go to school. 4 year college graduates often earn salaries double that of those who only have a high school degree. Over a lifetime, this adds up to much more than the original investment in their education.



**MILLBROOK** **Agriculture**

Agriscience Applications  
 Ag Mechanics I (H)  
 Horticulture I (H)  
 Horticulture Landscaping  
 Animal Science I (H)  
 Agriscience Adv. Studies  
 CTE Internship

**MILLBROOK** **Family and Consumer Science**

Principles of Family/Human Services  
 Apparel Development I (Hon)  
 Apparel Development II (Hon)  
 Fundamentals Foods I  
 Foods II (Hon)  
 Interior Design I  
 Interior Design II (Hon)  
 Child Development  
 Early Childhood Education I  
 Early Childhood Education II (Hon)  
 FACS Advanced Studies

**MILLBROOK** **Digital Media**

Digital Media  
 Advanced Digital Media  
 Adv. Digital Media (Hon)  
 T&I Advanced Studies  
 IB Film

***Declare Your CTE***

***Cluster***

**MILLBROOK** **DRAFTING**

Drafting I  
 Draft II Architectural  
 Draft II Arch Honors  
 Draft II Engineering  
 Draft II Engrg Honors  
 Drafting III Engineering  
 Advanced Studies

**MILLBROOK** **Business and Marketing**

**Business**  
 Micro I (H) (Hon)/I (H)  
 Micro I (H) (Hon)/I (H)  
 Personal Finance  
 Principles of Business  
 Multicultural/Web Design  
 Accounting  
 Entrepreneurship  
 Business Law  
 Business Management  
 IB Bus & Tech Studies

**Marketing**  
 Marketing  
 Tactics Merchandising  
 Growth & International  
 Strategic Marketing (Hon)  
 Marketing Management  
 Marketing Co Op  
 Advanced Studies

**MILLBROOK** **Health Sciences**

Biomedical Technology  
 Health Science I  
 Health Science II (Hon)  
 Health Science Adv Studies

# What is a CTE Cluster?

- **Set of common courses in the same educational pathway.**
- **Helps you to define your interests and passion.**
- **Allows you to navigate your way to greater success in college and/or your career.**

**MILLBROOK**

# **Agriculture**



**Agriscience Applications  
Ag Mechanics I&II  
Horticulture I&II  
Horticulture Landscaping  
Animal Science I&II  
Agriscience Adv. Studies  
GTE Internship**

# Careers in Agriculture

- **Animal Trainer**
- **Groundskeeper**
- **Greenhouse Manager**
- **Veterinarian**
- **Animal Scientist**
- **Farm & Ranch Manager**
- **Zoologist**
- **Agricultural Technician**
- **Soil & Plant Scientist**
- **Biochemist**
- **Food Scientist & Technician**
- **Animal Breeder**
- **Farmer**

# MILLBROOK



# Business and Marketing

## Business

Micro ITA Word/PPT  
Micro ITA Excel/Access  
Personal Finance  
Principles of Business  
Multimedia/Web Design  
Accounting  
Entrepreneurship  
Business Law  
Business Management  
IB Info & Tech Global

## Marketing

Marketing  
Fashion Merchandising  
Sports & Entertainment  
Strategic Marketing (Hon)  
Marketing Management  
Marketing Co-Op  
Advanced Studies

# Careers in Business Management & Administration

- **Administrative Services**
- **Financial Managers**
- **Human Resources Managers**
- **Sales Managers**
- **Executives**
- **Budget Analyst**
- **Insurance Agent**
- **Insurance Underwriter**
- **Real Estate Agent**
- **Financial Advisor**
- **Accountant**
- **Lawyer**
- **Stock Broker**

# Careers in Marketing, Sales & Service

- **Marketing Manager**
- **Sales Managers & Reps**
- **Customer Service Reps**
- **Cashiers, Retail Sales Person**
- **Advertising Manager**
- **Travel Agent**
- **Musicians/Singers**
- **Fitness Trainers**
- **Waiters/Waitresses**
- **Concierge/Hotel Desk Clerk Manager**
- **Sports Agent**
- **Retail Buyer**



**MILLBROOK**

# Digital Media

**Digital Media  
Advanced Digital Media  
Adv. Digital Media (Hon)  
T&I Advanced Studies  
IB Film**



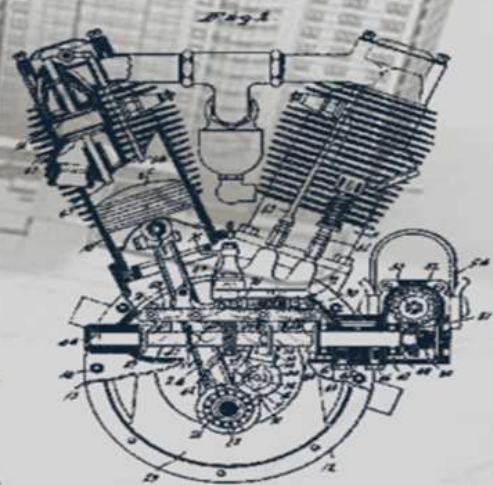


# Careers in Arts, A/V Technology, & Communications

- Producers & Directors
- Media, Broadcast, Journalism, Radio
- Film/Video Editor
- Art, Drama, Music Teacher
- Musicians, Dancers, Writers, Photographer
- Fashion Designers
- Interior Designers
- News Anchor
- Actor
- Commercial Artist
- Web Designer
- Multimedia Artist & Animator

# MILBROOK

# DRAFTING



**Drafting I**  
**Draft II Architectural**  
**Draft II Arch Honors**  
**Draft II Engineering**  
**Draft II Engin Honors**  
**Drafting III Engineering**  
**Advanced Studies**

# Careers in Science, Technology, Engineering, & Math (STEM)

- Architectural Engineer
- Civil Engineer
- Drafter
- Architect
- Computer Programmer
- Anthropologist,  
Archaeologist
- Nuclear Technician
- Electrical Engineer
- Environmental Engineer
- Robotics Engineer
- Automotive Engineering  
Technician
- Mechanical Engineer
- Civil Drafter
- Industrial Engineer

# MILLBROOK Family and Consumer Science

The background of the page features a collage of three images. On the left, a woman with long dark hair is operating a white sewing machine. In the center, a woman with long dark hair and a white flower hair accessory is looking down at a piece of fabric. On the right, two men in light blue shirts are leaning over a desk, looking at a book or document. The overall scene suggests a focus on practical, hands-on learning in a classroom or laboratory setting.

**Principles of Family/Human Services  
Apparel Development I  
Apparel Development II (Hon)  
Fundamental Foods I  
Foods II (Hon)  
Interior Design I  
Interior Design II (Hon)  
Child Development  
Early Childhood Education I  
Early Childhood Education II (Hon)  
FACS Advanced Studies**

# Careers in Human Services

- Counselor
- Teacher
- Social Worker
- Child Care Provider
- Psychologist
- Fashion Designer
- Family Therapist
- Mental Health Counselor
- Chef
- Clergy
- Interior Designer
- Food Service Manager
- Community Service Manager
- Recreation Counselor

**MILBROOK**

# Health Sciences



**Biomedical Technology**  
**Health Science I**  
**Health Science II (Hon)**  
**Health Science Adv. Studies**

# Careers in Health Science

- **Pharmacist**
- **Paramedic**
- **Optometrist**
- **Pediatrician**
- **Doctor**
- **Nurse**
- **Dentist**
- **Surgeon**
- **Medical Technician**
- **Athletic Trainer**
- **Physical Therapist**
- **Surgery Technician**
- **Biologist**
- **Emergency Medical Technician (EMT)**
- **Dietician**

# **CTE Internship**

- Can be completed Junior and/or Senior Year**
- Takes the place of your 4<sup>th</sup> Period class.**
- On the job work experience.**
- Student is responsible for finding the internship.**
- Student must have transportation**
- Academic and Honors option available.**



# Interview Skills Discussion

1. What are some things that make an interview bad?
2. What are some things that make an interview good?



# Let's Watch a Video!

[https://youtu.be/esK\\_JSR9o2Y](https://youtu.be/esK_JSR9o2Y)

So....

What did we learn?!?!

# Guess which gig!?!?

A game about potential careers for you.

# Gig # 1

Average Salary: \$70 K

Do you work with your hands? Yes

Do you work outside? Sometimes

Do you work with people? Yes, a small staff

What are your work hours? 9-5, but always on call

How many years of school are required? 8 years



## Courses at Millbrook that align...

Animal Science I

Animal Science II

Health Sciences I

## Other related careers you could explore...

Registered Vet Technician

49K Annually

## Gig # 2

Average Salary: typically \$50K

Do you work with your hands? No

Do you work outside? Not typically

Do you work with people? Yes, I have clients and I could work at a firm.

What are your work hours? 9-5, typically 40 hours a week, except from Jan-April

How many years of school are required? 2 years for Associates; 4 years for Bachelor's



## Courses at Millbrook that align...

Accounting I

Business Management

Personal Finance

## Other related careers you could explore...

Accounting Clerk II

\$36K-46K

Bookkeeper

\$38K-43K



## Gig # 3

Average Salary: \$47K

Do you work with your hands? Yes

Do you work outside? Sometimes

Do you work with people? Daily

What are your work hours? Varies  
depending upon the season

How many years of school are  
required? 4 years



## Courses at Millbrook that align...

Health Science I

Health Science II

Sports Medicine I

Sports Medicine II

## Other related careers you could explore...

Certified Nursing Assistant

23K Annually

# Gig # 4

Average Salary: up to **\$34,800**

Do you work with your hands? **Yes**

Do you work outside? **Sometimes**

Do you work with people? **Yes.**

What are your work hours? **Varied, but generally about 40 hours b/w the hours of 7am-6pm**

How many years of school are required? **2 years**



**DURHAM TECH**

## Courses at Millbrook that align...

Parenting and Child Development

Early Childhood Education I

Early Childhood Education II

Family and Consumer Sciences Advanced Studies

## Other related careers you could explore...

Elementary School Teacher

\$41K Annually

# Gig # 5

Average Salary: **\$71K**

Do you work with your hands? **Yes**

Do you work outside? **Sometimes**

Do you work with people? **Sometimes**

What are your work hours? **typically 8-4**

How many years of school are required? **4 years**



## Courses at Millbrook that align...

Drafting I

Honors Drafting II- Engineering or Architectural

Honors Drafting III- Engineering or Architectural

## Other related careers you could explore...

CAD Drafter I

\$46.4K Annually